



# Curriculum Vitae

**Dr Valentin Flaudias,**

**Associate Professor in psychopathology and clinical psychology**

# Summary's Curriculum Vitae

Associate Professor in Experimental Psychopathology  
URF Psychology, Clermont-Auvergne University  
Laboratory of Social and Cognitive Psychology (LAPSCO) (UMR 6024 )

## Summary of research activities:

- **H-index** = 17; 927 Citations (Google scholar, on 30/09/2024)
- **48** peer-reviewed **articles** (65% first author (n=15) or last author (16))

Scimago Journal Rank: Clinical Psychology, Psychiatry Health, Medicine, Public Health.			
Q1	Q2	Q3	Q4
29 (63%)	12 (24%)	0	4 (9%)

- **1 chapter book** : Flaudias, V., Samalin, L., Llorca, P.M. & Guillaume, S. (2023) Troubles bipolaires et troubles des conduites alimentaires , in Henry, C., Gaillard, R., Houenou, J. & Masson, M. (Eds) *Manuel des troubles bipolaires*. Elsevier Masson.
- **1 expert report**: Flaudias, V., Gravière., A., Piano, S., Renaudet, C., Kempf, C. & Brousse G. (2017). La prévention des conduites à risques et addictives chez l'enfant, un exemple des temps d'activités périscolaires : analyse des risques et opportunités, CR2A analysis report.
- **Reviewer** in 20 international journals (42 reviews)
- 10 conference presentations (with committees) and 25 poster presentations
- **Four scholarships or awards** :
  - Cancéropôle Lyon Auvergne Rhône-Alpes mobility grant (April 2017 - December 2017): for a **research stay at the Université Catholique de Louvain** (Belgium).
  - Fondation pour la recherche en alcoologie's 2016 "Young Researcher" award
  - 2012-2013 Fondation d'Université d'Auvergne thesis prize
  - Research grant (2008-2010)
- **Main inventor of** a mobile application acquired by SATT Grand Centre
- **Coordinator or main sponsor of 12 research or structuring projects with funding (€1,552,000 in total)**, including :
  - TCA center coordinator (budget of €300,000/year over 3 years)
  - 8 main sponsor projects (total amount: €198,354)
  - Head of the Centre de Ressources Auvergne Addictions (CR2A) (total budget from 2011 to 2017: €453,680)

## Summary of teaching activities (1007h EQTD):

- September 2022 - present: Co-leader of the Master's degree course in Clinical and Health Psychology - Empirically based approaches
- September 2018-2021: Co-responsible for the teaching of the DIU "Thérapie cognitivo-comportementale" UFR de médecine, Université Clermont Auvergne - Clermont-Ferrand/Saint-Etienne

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## General information

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**Website:** [www.valentinflaudias.com](http://www.valentinflaudias.com)

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34 avenue Carnot, 63000 Clermont-Ferrand

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## Training

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### Diploma courses

2013 **PhD in Neuroscience**

*UFR of Medicine, University of Auvergne, Clermont-Ferrand (France)*

- Thesis title "Two-color presentation in a Stroop task: semantic and attentional aspects. attentional aspects"

- Thesis supervisor: Pr Pierre-Michel Llorca

Jury members: Pr Amine Benyamina, Pr Georges Brousse, Pr Olivier Cottencin, Pr Franck Durif, and Bénédicte Poulin-Charronnat, PhD.

2008 **Master of Psychology and title of clinical psychologist**

*UFR of Psychology, Blaise Pascal University, Clermont-Ferrand (France)*

2006 **Licence of Psychology**

*UFR of Psychology, Blaise Pascal University, Clermont-Ferrand (France)*

**Additional qualifications :**

2017 **DIU - "Cognitive and behavioral therapy" (Three years)**

*UFR de médecine, University of Auvergne - Clermont-Ferrand/Saint-Etienne (France)*

2015 **DIU - "Addiction**

*UFR de médecine, University of Auvergne - Clermont-Ferrand/Saint-Etienne/Lyon/Grenoble (France)*

2006 **DU - "Mediation, Multimedia and Internet Monitoring".**

Use of multimedia tools, e-learning, Management and budget management

*Limoges University of Science and Technology (France)*

## Continuing Education

### **In psychopathology/clinic/health**

- 2019 Cognitive behavioral therapy and family approach in ACT, October 2019
- 2018 KORSA workshop certification - Student stress management, March 2018
- 2017 Eating disorders, November 2017
- 2017 Counter Attitudinal Therapy for CAT, November 2017
- 2016 Management of eating disorders, June and September 2016
- 2014 La démarche qualité pour les actions de prévention et promotion de la santé, October 2014
- 2013 Understanding cognitive dysfunction in depression: consequences for treatment, April 2013
- 2013 Alcohol dependence: from a public health perspective to a patient-centered approach, April 2013
- 2013 Schizophrenia: Protecting what is important for the patients, April 2013
- 2013 Drugs and the Brain, March 2013
- 2012 Opiate substitution therapy, April 2012
- 2009 Cannabis use and mental health, April 2009
- 2009 Amygdala and emotions, February 2009

### **Teaching**

- 2022 Evaluation in higher education, 2022
- 2022 Competency-based thinking in higher education, 2022
- 2009 Teaching, April 2009
- 2009 E-learning, March 2009
- 2009 Communication, February 2009

### **In scientific methodology**

- 2010 Responding to a call for projects, May 2010
- 2009 Analysis of evoked potentials on BESA, April 2009
- 2009 Data analysis with SPSS, 2008-2009

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## Research activities

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Since 2024 **Associate Professor at the University of Clermont Auvergne**  
**National Centre for Scientific Research (CNRS)**  
UFR of Psychology,  
Social and Cognitive Psychology Laboratory (LAPSCO) - UMR 6024

### Professional experience

2021-2024 **Associate Professor at Nantes University in experimental psychopathology,**  
Faculty of Psychology,  
Laboratoire de Psychologie des Pays de la Loire (LPPL) - UR4638

2013-2021 **Associate researcher at Institut Pascal (UMR 6602) - Formerly EA 7280**  
Image-guided therapies. Directed by : Pr Jean-Jacques Lemaire

2010-2012 **Scientific coordinator INSERM**  
*IFR 79 Santé Auvergne* (Institut Fédératif de Recherche) - Université d'Auvergne -  
Clermont-Fd: Organization of scientific events (Fête de la science, journée de la recherche, semaine  
du cerveau), Coordination of the use of technological platforms (e.g. 3T MRI), Coordination and drafting  
of the IFR's AERES evaluation report, Press contact

2008-2010 **CNRS Research Fellow**  
*Laboratoire de psychologie sociale et cognitive (LAPSCO) Clermont-Fd*: Literature  
review, Hypothesis development, Experimental design and execution, Scientific article writing.

2007-2008 **CNRS Research Assistant**  
*Laboratoire de psychologie sociale et cognitive (LAPSCO) Clermont-Fd*: Passations  
d'expériences (CHRONOLEX), Internship at the NEUROSPIN laboratory, Paris

### Publications in peer-reviewed journals

*Articles with doctoral, postdoctoral or 1<sup>er</sup> master's supervision are indicated with an \* (N=5).*

48. Carre, A., Shankland, R., Guillaume, P., Duclos, J., El-Jor, C., Pellissier, S., & Flaudias, V. (2024).  
Validation of the French Version of the Body Awareness Questionnaire: Towards a Way to Assess  
Alexisomia. *Frontiers in Psychology*, 15 (IF =2.6, Q2 "Psychology"). [doi:  
10.3389/fpsyg.2024.1261994](https://doi.org/10.3389/fpsyg.2024.1261994)

47. Zerhouni, O., Loisy, S., Bouthier, R. & Flaudias, V. (2024). Preventing new substance use behaviors  
in youth: evaluation of a two-year comprehensive program. *Frontiers In Psychology*, 15 (IF  
=2.6, Q2 "Psychology"). <https://doi.org/10.3389/fpsyg.2024.1339751>

46. El-Jor, C., Hallez, Q., Filippone, L., Flaudias, V., & Shankland, R. (in press). Disordered Eating in Emerging Adults: A Narrative Review and Recommendations for Prevention. *Emerging Adulthood* (IF=2.6, Q1 "Experimental and Cognitive psychology")
45. Flaudias, V., Gonthier, C., Picot, M. C., Llorca, P.-M., Schmitt, A., Perriot, J., Georgescu, V., Courtet, P., Quantin, X., & Guillaume, S. (2024). Neuropsychological assessment fails to predict relapse among cigarette smokers: A prospective study of neurocognitive abilities. *Addictive Behaviors*, 151, 107940 (IF=4.4, Q1 "Clinical Psychology")
44. Flaudias, V., Pires, S., Martinot, D., Boudoukha, A.H., Damase, E., Mondillon, L., Llorca, P.M., & Silvert, L. (In Press). Anorexia Nervosa: Enhancing motivation to change with self-determination theory. *L'Encéphale* (IF=2.7, Q1 "Arts and Humanities ")
43. Flaudias, V., Samalin, L., Godin, O., Gard, S., Brousse, G., Loftus, J., Aubin, V., Belzeaux, R., Dubertret, C., Le Strat, Y., Mazer, N., De Prémoré, A., Roux, P., Polosan, M., Schwitzer, T., Aouizerate, B., Llorca, P.-M., Biseul, I., Etain, B., ... Guillaume, S. (2023). Crossed clinical features between eating disorders and types of bipolar disorder: Results from the FondaMental Advanced Centers of Expertise - Bipolar Disorder cohort. *Journal of Affective Disorders*, 335, 177185 -(IF=6.533, Q1 "Clinical Psychology ")
42. Naillon, P.L., Flaudias, V., Brousse, G., Laporte, C., Bakerj, J.S., Brusseau, V., Comptour, A., Zak, M., Bouillon-Minois, J.B., & Dutheil,F. (2023). Cannabis Use in Physicians: A Systematic Review and Meta-Analysis. *Medicines*, 10(29) (NO IF).
41. Pires, S., Denizot, H., Boudoukha, A-H., Mennuti J., Miele, C., Potard, C., Riquoir, G., Llorca, P.M., Flaudias, V., & Gerbaud, L. (2023). *Selflife*: A Life Skills Development Tool to Prevent Sexual Violence among Healthcare Students. *International Journal of Environmental Research and Public Health*, 20(6), 5198; (IF= 4.614, Q1 "Health, Toxicology and Mutagenesis")
40. Benistand,P., Vorilhon, P., Laporte,C., Bouillon-Minois, J.B., Brousse,G., Bagheri,R., Ugbolue, U.C., Baker J.S., Flaudias,V., Mulliez, A. & Dutheil,F. (2022). Effect of the COVID-19 pandemic on the Psychotropic Drug Consumption. *Frontiers in Psychiatry* (IF=5.43, Q1 "Psychiatry and Mental Health")
39. Zerhouni, O., Flaudias, V., Barré, M. & Rodgers, R.F. (2022). The effects of exposure to social media images of thin and average sizes women on body satisfaction among young women: emotion regulation and self-efficacy as modulating factors. *Body Image* (IF = 5.58, Q1 "Psychology, Applied Psychology, Social Psychology")
38. Maurage, P., Heeren, A., Lannoy, S. & Flaudias, V. (2022) The role of attentional networks in smoking behavior among young adults: Specific contribution of executive control. *Nicotine and*

*Tobacco Research* (IF = 4.244, Q1 "Public health")

37. Flaudias, V., Zerhouni, O., Chakroun-Baggioni, N., de Chazeron, I., Llorca, PM. & Brousse, G. (2022). Evaluation of a Smartphone Application on the Reduction of Attentional Bias Towards Alcohol Among Students. *Frontiers in psychology* (IF= 4.23, Q1 "Psychology").
36. Pires,S., Villemeyre-Plane, M., Berthoz, S., Llorca, PM & Flaudias, V. (2022). Evaluation of the effectiveness of a cognitive remediation program in anorexia nervosa using new neuropsychological tools: a case study. *L'Encéphale* (IF= 1.291, Q2 " Arts and Humanities")
35. Bourdige, C., Teissedre, F., Morel, F., Flaudias, V., Izaute,M. & Brousse, G. (2022) Lockdown Impact on Stress, Coping Strategies and Substance Use in Teenagers, *Frontiers in Psychiatry*. (IF= 4.157, Q1 "Psychiatry and Mental Health")
34. Besson,A., Tarpin,A., Flaudias, V., Brousse, G., Laporte, C., Benson, A., Navel, V., Bouillon-Minois, J-B., Dutheil, F. (2021) Smoking prevalence among physicians: A systematic review and meta-analysis. *International Journal of Environmental Research and Public Health* (IF= 3.39, Q2 "Public Health")
- 33\*. Chapoton, B., Tinquaut, F., Kenny, P., Sarda, E., Bègue, L., Chirain, A., Brousse, G., Chauvin, F., & Flaudias, V. (2021) Suggestibility, use of social networking sites use and relationship with substance addictive behaviors among university students. *L'Encéphale*, (IF= 1.291, Q2 " Arts and Humanities")
32. Helme-guizon, A., Gavard-Perret, M.-L., Shankland, R., & Flaudias, V. (2021) Self-Efficacy Mediates the Effect of Framing Eating Disorders Prevention Message on Intentions to Have a Sufficient Weight: A Pilot Study. *International Journal of Environmental Research and Public Health* (IF= 3.39, Q2 "Public Health")
- 31\*. Brelet, L., Flaudias, V., Désert, M., Llorca, P.M., Boirie, Y. (2021) Stigmatization toward People with Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder: A Scoping Review. *Nutrients* (IF=5.717, Q1 "Food Science")
30. Iceta, S., Rodrigue, C., Legendre, M., Daoust, J., Flaudias, V., Michaud, A., Bégin, C. (2021) Cognitive Function in Binge Eating Disorder and Food Addiction: A Systematic Review and Three-Level Meta-Analysis . *Progress in Neuropsychopharmacology & Biological Psychiatry* (IF=5.067, Q1 "Pharmacology").
29. Mery, R., Flaudias, V., Guillaume S., Geneste-Salens, J., Llorca P.M., & Samalin, L (2021) Interest of hypnosis with use of a paradigm in anorexia: clinical case. *L'Encéphale*. (IF=1.291, Q2 " Arts and Humanities")
28. Zerhouni,O., Flaudias, V., Brousse, G., & Naassila, M. (2021). The impact of COVID-19 on student

- mental health: a mini-synthesis of the current literature. *The journal of neuropsychology*. (NO IF, Q4 "Behavioral Neuroscience" "Neuropsychology and physiological Psychology")
27. Icick, R., Gard, S., M'Bailara, K., Biseul, I., Samalin, L., Brousse, G., Flaudias, V., Llorca, P.M., Loftus, J., Cussac, I., Aubin, V., Schwan, R., Roux, P., Polosan, M., Courtet, P., Olié, E., Henry, C., Mazer, N., Haffen, E., Etain, B., Leboyer, M., Bellivier, F., Belzeaux, R., Godin, O., Guillaume, S. The BIPADD group of FACE, FondaMental Advanced Centres of Expertise in Bipolar Disorders (FACE-BD) Collaborators... The course of bipolar disorder as a function of the presence and sequence of onset of comorbid alcohol use disorders in outpatients attending the Fondamental Advanced Centres of Expertise. (2021). *Journal of Affective Disorder* (IF=4.839, Q1 "Clinical Psychology", "Psychiatry and mental health")
  26. Flaudias, V., Zerhouni, O., Pereira, B., Cherpitel, C.J., Boudesseul, J., de Chazeron, I., Romo, L., Guillaume, S., Samalin, L., Cabé, J., Bègue, L., Gerbaud, L., Rolland, B., Llorca, P.M., Naassila, M., & Brousse, G., (2021). The Early Impact of the COVID-19 Lockdown on Stress and Addictive Behaviours in an Alcohol-Consuming Student Population in France. *Frontiers in Psychiatry*, 12, 73 (IF=2.849, Q1 "Psychiatry and mental health")
  - 25\*. Chapoton, B., Régnier Denois, V., Nekaa, M., Chauvin F., & Flaudias, V. (2020). Social Networking Sites and Perceived Content Influence: An Exploratory Analysis from Focus Groups with French Adolescents. *International Journal of Environmental Research and Public Health*, 17 (7025) (IF=2.849, Q2 "Public Health, Environmental and Occupational Health")
  24. Flaudias, V., Iceta, S., Zerhouni, O., Rodgers, R.F., Billieux, J., Llorca, P.M., Boudesseul, J., de Chazeron, I., Romo, L., Maurage, P., Samalin, L., Bègue, L., Naassila, M., Brousse, G., & Guillaume, S. (2020). COVID-19 pandemic lockdown and problematic eating behaviors in a student population. *Journal of Behavioral Addictions*, 24;9(3):826-835 (IF=5.143, Q1 "Clinical Psychology", "Psychiatry and mental health" and "Medicine")
  23. Flaudias, V., Zerhouni, O., Llorca, P.M., De Chazeron, I., Chakroun-Baggioni, N., & Brousse, G. (2020). Evaluation of the effectiveness of a smartphone application on the reduction of attentional bias to alcohol in students. *Alcoologie et addictologie*. (No IF)
  22. Perriot, J., Marchandise, F., Lemaire, P., Doly-Kuchcik, L., & Flaudias, V. (2020). Management of chronic obstructive pulmonary disease in smokers and smoking cessation assistance after screening in the priority districts of the city of Clermont-Ferrand. *Revue des Maladies Respiratoires Actualités*, 12 (1), 39-40 (IF=0.714, Q4 "Pulmonary and Respiratory Medicine").
  21. Perriot, J., Underner, M., Peiffer, G., & Flaudias, V. (2019). Strategy and modalities of smoking cessation assistance in tuberculosis smokers. *Revue Médicale de Liège*, 74 (1), (IF=0.24, Q4



"Medicine")

20. Flaudias, V., Zerhouni, O., Chakroun-Baggioni, N., Pires, S., Schmitt, A., de Chazeron, I., Llorca, P.M. & Brousse, G. (2020) Reducing attentional bias in individuals with alcohol use disorders with a tablet application: a randomized controlled trial pilot study. *Alcohol and Alcoholism*, 55 (1), 51-55 (IF=2.882, Q1 "Medicine")
19. Flaudias, V., Maurage, P., Izaute, M., de Chazeron, I., Brousse, G., & Chakroun, N. (2019). Craving Mediates the Relation between Impulsivity and Alcohol Consumption Among University Students. *The American Journal on Addictions*, 28(6):489-496 (IF=1.946, Q1 "Clinical Psychology", "Psychiatry and mental health" and "Medicine")
18. Zerhouni, O., Girod, C., & Flaudias, V. (2019). Free-will and alcohol consumption impact on the estimation of responsibility on a judgment task. *Substance Use and Misuse*, 27, 1-7. (IF=1.132, Q2 "Medicine" and "Health Science")
17. Shankland, R., Favre, P., Corubolo, D., Méary, D., Flaudias, V., & Mermillod, M. (2019). Food-Cal: Development of a controlled database of high and low calorie food matched with non-food pictures. *Eating and Weight Disorders*, 24(6):1041-1050 (IF=2.154, Q2 "Clinical Psychology" and Q2 "Psychiatry and mental health")
16. Besson, T., Lalot, F., Bochar, N., Flaudias, V., & Zerhouni, O. (2019). Caloric underestimation of "organic" food: exploring impact of implicit evaluations. *Appetite*, 137:134-144 (IF=3.174, Q1 "Psychology" and Q1 "Nutrition and Dietetics")
15. Flaudias, V., Heeren, A., Brousse, G. & Maurage, P. (2019) Towards a triadic approach to craving in addictive disorders: The metacognitive hub model. *Harvard Review of Psychiatry*, 27(5):326-331 (IF=3.264, Q1 "Psychiatry and mental health")
14. Carré, A., Shankland, R., Morvan, Y., Flaudias, V. & Lamboy B. (2018) Psychologists in the field of Mental Health: perspectives in Positive Mental Health Promotion. *Pratiques Psychologiques*, 27 (1), 71-84 (IF=0.32, Q4 Psychology )
13. Flaudias, V., Teisseidre, F., de Chazeron, I., Chalmeton, M., Bertin, C., Izaute, M., Chakroun-Baggioni, N., Pereira, B., Brousse, G., & Maurage, P. (2018) A multi-dimensional evaluation of craving and impulsivity among people admitted for alcohol-related problems in emergency department. *Psychiatry Research*, 272, 569-571. (IF=2.223, Q1 "Psychiatry and mental Health")
12. Brousse, G., Zerhouni, O., Perriot, J., Bègue, L. & Flaudias, V. (2018) Editorial : Paquet neutre : l'étude qui fait cougher les tabacologues. *L'Encéphale*, 44, 489-490 (IF=0,599, Q2 "Arts and Humanities")

11. Prost, C., Shankland, R., França, L.R., Laurent, A., & Flaudias, V. (2018) Importance of drive for thinness state to explain body dissatisfaction effect on symptomatology evolution of anorexia nervosa. *Psychiatry Research*, 266, 212-217. **(IF=2.223, Q1 "Psychiatry and mental Health")**
- 10\*. Bertin, C., Zerhouni, O., Perriot, J., de Chazeron, I., Brousse, G., & Flaudias, V. (2017). Relationship between tobacco craving and quality of life among French students: Results of a cross-sectional study. *Substance Use and Misuse*, 27, 1-7. **(IF=1.132, Q1 "Medicine" and "Health Science")**
- 9\*. Kempf, C., Llorca, P.M., Pizon, F., Brousse, G., & Flaudias, V. (2017) What's new in addiction prevention in young people: a literature review of the last years of research. *Frontiers in Psychology*, 8, 1131. **(IF=2.089, Q1 "Psychology")**
8. Dahdouh, A., Semaoune, B., Tremey, A., Samalin, L., Flaudias, V., de Chazeron, I., Llorca, P.M., & Brousse, G. (2017). Alcohol use and bipolar disorder comorbidity: synthesis and perspectives. *European Psychiatry*, 41 (S1): S470. **(IF= 7,156, Q1 "Psychiatry and Mental Health")**
7. Flaudias, V., Picot, M.C Lopez-Castroman, J., Llorca, P.M., Schmitt, A., Perriot, J., Courtet, P., Georgescu, V., Quantin, X., & Guillaume, S. (2016). Executive functions in heavy and light dependent smokers: importance of inhibitory capacities. *PLoS ONE* 11(3): e0150940. **(IF=2.766, Q1 "Medicine")**
6. Zerhouni, O., Bègue, L., Duke, A., & Flaudias, V. (2016). Dynamic exposure to alcohol advertising in sporting events influences implicit attitudes. *Alcohol: Experimental and Clinical Research*, 40 (2), 422-428. **(IF=3.183, Q1 "Medicine" and "Psychiatry and Health science")**
5. Flaudias, V., de Chazeron, I., Zerhouni, O., Boudesseul, J., Bègue, L., Bouthier, R., Lévrier, C., Llorca, P.M., Brousse, G. (2015). Preventing alcohol abuse through social networking sites: a first Assessment. *Journal of Medical Internet Research*, 17(12), e278. **(IF=4.671, Q1 "Medicine")**
4. Augustinova, M., Silvert, L., Ferrand, L., Llorca, P. M., & Flaudias, V. (2015). Behavioral and electrophysiological investigation of semantic and response conflict in the Stroop task. *Psychonomic Bulletin & Review*, 22, 543-549. **(IF=3.092, Q1 "Experimental and cognitive psychology")**
3. Flaudias, V., & Llorca, P.M. (2014). A brief review of three manipulations of the Stroop task focusing on the automaticity of semantic access. *Psychologica Belgica*, 54(2), 199-221. **(IF=1.03, Q2 "Psychology")**
2. Flaudias, V., Brousse, G., de Chazeron, I., Planche, F., Brun, J., & Llorca, P.M. (2013). Hospital Care for alcohol-dependent patients: attentional bias measured with the french version of the Alcohol

Stroop test. *Neuropsychiatric Disease and Treatment*, 9, 773-779 (IF=2.195, Q2 "Psychiatry and Mental Health").

1. Augustinova, M., Flaudias, V., & Ferrand, L. (2010) Single-letter coloring and spatial cueing do not eliminate nor reduce a semantic contribution to the Stroop effect. *Psychonomic Bulletin & Review*, 17, 827-833 (IF=3.092, Q1 "Experimental and cognitive psychology")

#### Book chapter

Flaudias, V., Samalin, L., Llorca, P.M. & Guillaume, S. (2023) Bipolar disorders and eating disorders , in Henry, C., Gaillard, R., Houenou, J. & Masson, M. (Eds) *Manuel des troubles bipolaires*. Elsevier Masson.

#### Other publications

Shankland, R., & Flaudias, V. (2017) Meditate for better concentration? *Sciences humaines Magazine*.

Flaudias, V., Gravière., A., Piano, S., Renaudet, C., Kempf, C. & Brousse G. (2017). La prévention des conduites à risques et addictives chez l'enfant, un exemple des temps d'activités périscolaires : analyse des risques et opportunités, Rapport d'analyse CR2A.

#### Associated publisher

Since 2023 - Associate editor of *Psychologie Française Journal*

#### Reviewer for magazines : (42 reviews)

Addiction, Addictive Behaviors, Alcohol and Alcoholism, BMC Psychiatry, BMC Public Health, Body Image, Cognitive Therapy and Treatment, Drug and Alcohol Dependence, Frontiers in Psychiatry, Frontiers in Psychology, International Journal of Obesity, Journal of Behavioral Addictions, Journal of Medical Internet Research, Journal of Studies on Alcohol and Drugs, Neuropsychiatric Disease and Treatment, Patient Preference and Adherence, Nicotine and Tobacco Research, Progress in Neuropsychopharmacology & Biological Psychiatry, Psychologie Française, Psychiatry Research, Scandinavian Journal of Psychology.

#### Project expertise

Expert for the Canadian Institutes of Health Research (2022)

Expert for Fondation de l'Avenir (2022, 2023)

## **Presentations at conferences (with committee)**

12. Cornil, A., Grall Bronnec, M., Guillaume, S., Bouju, G., Llorca, P.M., Brousse, G., Maurage, P., Iceta, S. & Flaudias V. (2024). Testing the validity of the metacognitive hub model of craving for bulimia and binge eating: A study protocol. 9th International Conference on Behavioral Addictions, 9-10 July, Gibraltar, Spain.
11. Flaudias V., Cornil, A., Grall Bronnec, M., Guillaume, S., Bouju, G., Llorca, P.M., Brousse, G., Maurage, P., Iceta, S. (2024). Le Craving dans les TCA : Une Revue de la Littérature à Consommer sans Modération. 19<sup>ème</sup> journées scientifiques du GREPACO, May 30-31, Toulouse, France.
10. Flaudias, V. (2023). Craving in eating disorders. 18<sup>ème</sup> journées scientifiques du GREPACO, May 22-24, Louvain-la-Neuve, Belgium.
9. Perriot, J., Marchandise, F., Lemaire, P., Doly-Kuchcik, L., & Flaudias, V. (2020). Prise en charge de la broncho-pneumopathie chronique obstructive des fumeurs et aide à l'arrêt tabac après dépistage dans les quartiers prioritaires de la ville de Clermont-Ferrand, 24th edition of the Congrès de Pneumologie de Langue Française, 24-26 January, Paris, France.
8. Besson, T., Lalot, F., Flaudias, V., Bochar, N., & Zerhouni, O. (2019). The Calories Underestimation of "Organic" Food: Exploring the Impact of Implicit Evaluations. International Convention of Psychological Science, 7-9 March, Paris, France.
7. Chapoton, B., Kenny, P., Chauvin, F., & Flaudias, V. (2017). Facebook use and behavioral influence: an exploratory analysis. 8th EUSPR Conference and Members' Meeting, 20-22 September, Vienna, Austria.
6. Dahdouh, A. Semaoune, B., Tremey, A., Samalin, L., Flaudias, V., de Chazeron, I., Llorca, P.M., & Brousse, G. (2017) Alcohol use and bipolar disorder comorbidity: synthesis and perspectives. *European Psychiatry* 41, S470
5. Flaudias, V., Lopez-Castroman, J., Llorca, P.M., Schmitt, A., Perriot, J., Courtet, P., Picot, M.C., Quantin, X., & Guillaume, S. (2014). Executive functions and tobacco dependence: important impact of working memory and inhibition abilities. 8th Edition of Albatros, 5-6 June 2014, Paris, France.
4. Flaudias, V., Lopez-Castroman, J., Llorca, P.M., Schmitt, A., Perriot, J., Courtet, P., Picot, M.C., Quantin, X., & Guillaume, S. (2013). Lack of inhibitory control predict relapse in people willing to stop smoking. 22st European Congress of Psychiatry, 1-4 March 2014, Munich, Germany.

3. Flaudias, V., Lopez-Castroman, J., Llorca, P.M., Schmitt, A., Perriot, J., Courtet, P., Picot, M.C., Quantin, X., & Guillaume, S. (2013). Low inhibition skills predict relapse in smoking cessation patients. 7th National congress of Société Française de Tabacologie, 24-25th october 2013, Clermont-Ferrand, France.
2. Flaudias, V., Brousse, G., Perriot, J., Planche, F. & Llorca, P.M. (2013). Can attentional bias in addiction be just a simple inhibition defect. 7th National congress of Société Française de Tabacologie, 24-25th october 2013, Clermont-Ferrand, France.
1. Flaudias, V., Brousse, G., Llorca, P.M., Planche, F., Brun, J. & de Chazeron, I. (2013). Hospital care for alcohol-dependent patient: attentional bias measured with the french version of the "Alcohol Stroop test". 21st European Congress of Psychiatry, 6-9 april 2013, Nice, France.

### **Poster presentations**

26. Flaudias, V., Cornil, A., Gonthier, C., Seneque, M., Iceta, S., & Guillaume, S. (2024) Toward a triadic approach of addiction in eating disorders : a first exploration and clustering analyses with a clinical cohort. EDRS 2024, 26-28 September, Sitges, Spain.
25. Cornil, A., Grall Bronnec, M., Guillaume, S., Bouju, G., Llorca, P.M., Brousse, G., Maurage, P., Iceta, S. & Flaudias V., (2024). Testing the validity of the "metacognitive hub model" of craving for bulimia and hyperphagia: Study protocol. Santé et éducation à tous les âges de la vie Regards transdisciplinaires au service de la qualité de vie, April, Liège, Belgium.
24. Sarda, E., Flaudias, V., Ameline, A., Arsandaux, J., Shankland, R., & Rodgers, R.R. (2023) How Self-Compassion moderates the Relation Between social media use body dissatisfaction and eating disorders. EASP 2023 General meeting, June 30<sup>th</sup> - July 4<sup>th</sup> , Krakow, Poland.
23. Flaudias, V. Pires, S., Martinot, D., Boudoukha, A.H., Damase, E., Mondillon, L., Llorca, P.M., & Silvert, L. (2023). Behavior change in anorexia nervosa: towards a consideration of self-determination theory. 18<sup>ème</sup> journées scientifiques du GREPACO, May 22-24, Louvain-la-Neuve, Belgium.
22. Pires, S., Denizot, H., Gerbaud, L. & Flaudias, V. (2023) Pilot study to evaluate the impact of a recidivism prevention group on prisoners' emotional regulation. 18<sup>ème</sup> journées scientifiques du GREPACO, May 22-24, Louvain-la-Neuve, Belgium.
21. Pires, S., Denizot, H., Flaudias, V., Boudoukha, A.H., Menutti, J., Miele, C., Potard, C., Riquoir, G., Llorca, P.M., & Gerbaud, L. (2022). Evaluation of a sexual violence prevention tool with health students. Congrès Français de Psychiatrie 2022, 30 november - 3 december 2022. Lille, France.

20. Le Velly, N., Romo, L., Zerhouni, O., Flaudias, V. & Julien Sweerts, S. (2021). Body dissatisfaction and self discrepancies: factors influencing emotional eating. Colloque GREPACO " Addictions " - 31.05 et 01.06.2021, Distanciel.
19. Perriot, J., Marchandise, F., Lemaire, P., Doly-Kuchcik & Flaudias, V. (2020). Prise en charge de la bronchopneumopathie chronique obstructive des fumeurs et aide à l'arrêt tabac après dépistage dans les quartiers prioritaires de la ville de Clermont-Ferrand. 24th CPLF Congress, Paris, France.
18. Besson, T., Lalot, F., Flaudias, V., Bochard, N., & Zerhouni, O. (2019). The Calories Underestimation of "Organic" Food: Exploring the Impact of Implicit Evaluations. International Convention of Psychological Science, 7-9 March, Paris, France.
17. Chapoton, B., Flaudias, V., Tinquaut, F., Regnier-Denois, V., & Chauvin, F. (2018). Online social network use and health risk behaviors in youth. 13th Forum de la Recherche en Cancérologie Auvergne-Rhône-Alpes - 3-4 April 2018, Villeurbanne, France.
16. Flaudias, V., de Chazeron, I., Chakroun, N., Llorca, P.M., & Brousse, G. (2017). Effectiveness of a mobile application for secondary and tertiary prevention of alcohol consumption: Protocol presentation. 11th Edition of Albatros, 31 May - 2 June 2017, Paris, France.
15. Maury I, Parnet P, Guillaume S, de Coppet P, Villemeyre-Plane M, Llorca P-M, & Flaudias V. (2017). Involvement of the BDNF precursor (pro-BDNF) in the pathophysiology of anorexia nervosa (AN). Journée de Recherche Interdisciplinaire sur les TCA, 18 May 2017, Rouen, France.
14. Bertin, C., Zerhouni, O., Perriot, J., Chakroun N., Brousse, G., & Flaudias, V. (2017) Relationship between tobacco craving and quality of life among French students consumer of tobacco: First results from a Randomized Controlled Trial. Submitted to Neuropsychiatric Disease and Treatment. 15th Congress of Encéphale, 18-20 January 2017, Paris, France.
13. Flaudias, V., Chakroun, N., Schmitt, A., Tremey, A., Morel, F., Llorca, P.M., Brousse, G., Merson, F. & Perriot, J. (2015). Precariousness, quality of life and smoking among students in the Auvergne Rhône Alpes region. 9th National congress of Société Française de Tabacologie, 5-6th november 2015, Toulouse, France.
12. Flaudias, V., Schmitt, A., de Chazeron, I., Planche, F., Brun, J., Llorca, P.M. & Brousse, G. (2015). Effectiveness of inpatient treatment for alcohol-dependent patients on attentional bias: Evaluation using a French version of the Alcohol "Stroop Test". 2nd Congress of IREB, March 18, 2015, Paris, France.
11. Flaudias, V., Bouthier, R., Lévrier, C., Ginard, M., Llorca, P.M., & Brousse, G. (2014). Evaluation of the effectiveness of an addiction prevention action on social networks. 8th Edition of

Albatros, 5-6 June 2014, Paris, France.

10. Mauguière, A., Brousse, G., Llorca, P.M., & Flaudias, V. (2014). Alcohol dependence and cognitive remediation: a literature review. 8th Edition of Albatros, 5-6 June 2014, Paris, France.
9. Flaudias, V., Morel, F., Drissi, N., Brousse, G., & Llorca, P.M. (2013). The Auvergne addiction resource center (CR2A). 7th National congress of Société Française de Tabacologie, 24-25th october 2013, Clermont-Ferrand, France.
8. Lacelle, D., Rougier, J., Morel, F., Perriot, J., Flaudias, V., Schmitt, A., & Llorca, P.M. (2013). Prévention des addictions en milieu scolaire : évaluation des actions de Liber'Addict . 7th National congress of Société Française de Tabacologie, 24-25th october 2013, Clermont-Ferrand, France.
7. Flaudias, V., de Chazeron, I., Planche, F., Brun, J., Llorca, P.M. & Brousse, G. (2013). Effectiveness of inpatient treatment for alcohol-dependent patients on attentional bias: Evaluation using a French version of the Alcohol "Stroop Test". 11th Congress of Encéphale, 23-25 January 2013, Paris, France.
6. Jalenques, I., Devaux, D., Auxiette, C., Flaudias, V., Fenoglio, C., Yakin, S., Poulet, E., Mermillod, M., Chambres, P., & Legrand, G., (2013). Longitudinal evaluation of mood-congruent implicit memory bias in patients with resistant depression: initial results. 11th Congress of Encéphale, 23-25 January 2013, Paris, France.
5. Legrand, G., Devaux, D., Auxiette, C., Flaudias, V., Fenoglio, C., Yakin, S., Poulet, E., Mermillod, M., Chambres, P., & Jalenques, I., (2012). Longitudinal evaluation of mood-congruent implicit memory bias in patients with resistant depression during a treatment protocol: initial results. 4th French Congress of Psychiatry, December 2012, Paris, France.
4. Flaudias, V., Brun, J., Planche, F., Llorca, P.M. (2012). Alcohol Stroop test: a tool to measure the effectiveness of inpatient treatment for alcohol-dependent patients]. Dating days of doctoral school. 24 and 25 may 2012, Clermont-Ferrand, France.
3. Brun, J., Planche, F., Llorca, P.M. & Flaudias, V. (2011). Alcohol Stroop test: a tool to measure the effectiveness of inpatient treatment for alcohol-dependent patients. Research Day of University of Auvergne. 1st December 2011, Clermont-Ferrand, France.
2. Baragoin, S., Legrand, G., Cellier, Y., Devaux, D., Flaudias, V., Galland, F., May, R. Auxiette, C., Chambres, M., & Jalenques, I. (2010). Alterations of cognitive and emotional processes in resistant depression by repeated transcranial magnetic stimulation versus venlafaxine. Research Day of University of Auvergne, 25th November 2010, Clermont-Ferrand, France.
1. Flaudias, V., Augustinova, M. & Ferrand, L. (2009). Automatic access to word meaning: analysis of its challenge in a Stroop task using evoked potential measures. Annual Colloque of ARCo -

ARCo'09. 9-11th December 2009, Rouen, France.

### **Guest speaker/seminar**

12. Flaudias V. (2024). A neuropsychological model of craving applied to ACT. JNPN 2024, 13-14 June, Paris, France.
11. Flaudias, V. (2023). Craving in eating disorders: cognitive processes close to addictive problems. 121<sup>ème</sup> colloque international de l'association du Congrès de Psychiatrie & de Neurologie de Langue Française. CPNLF, May 31 - June 2, Grenoble, France.
10. Flaudias, V. (2022). Emotional regulation in CAT. IFAC seminars. 17th June 2022, videoconference, France.
9. Flaudias V. (2021). Students and addictive behaviors at the time of COVID. Les Journées Addictologies Auvergne Limousin, " Vulcania " - L'addictologie aux temps du COVID. 4th June 2021, videoconference, France.
8. Flaudias, V. (2019). Eating impulsivity treated with mindfulness. 2nd Journée régionale des centers TCA Auvergne-Rhône-Alpes. 13th June 2019, Saint-Etienne, France
7. Flaudias, V. (2019). Mindfulness practice in children: an avenue for prevention? Study day: The relationship with screens: new forms of addiction? 31st January 2019, Clermont-Ferrand, France
6. Flaudias, V. (2018). TCA prevention: from a global to a specific approach. Journée régionale des centers TCA Auvergne-Rhône-Alpes. 14th June 2018, Saint-Etienne, France
5. Flaudias V. (2018). Prévention des conduites addictives chez l'enfant: pistes de réflexion et perspectives. Groupe Recherche du center Hygée. 28th January 2018, Saint-Etienne, France.
4. Flaudias, V. (2015). Attentional bias in tobacco addiction. 23rd days of GEST. 29th January 2015, Paris, France.
3. Flaudias, V. (2014). Attention, control and automaticity in addictions. Séminaire laboratoire de Psychologie Sociale et Cognitive, 27th march 2014, Clermont-Ferrand, France.
2. Flaudias, V. (2012). Genesis of a partnership around minors under court supervision, an example from Auvergne. Assises interrégionales sur l'implication des mineurs sous-main de justice dans les trafics de stupéfiants. 23rd October 2012, Lyon, France.
1. Flaudias, V. (2012). Attentional bias and alcohol dependence. Collège des addictologues d'Auvergne. 29th June 2012, Tronget, France.

### **Scholarships, prizes, awards**



Cancéropôle Lyon Auvergne Rhône-Alpes **mobility grant** (April 2017 - December 2017): for a research stay at the Université Catholique de Louvain (Belgium).

Fondation pour la recherche en alcoologie's **2016 "Young Researcher" award**

**2012-2013** Fondation d'Université d'Auvergne **thesis prize**

**Research grant** (2008-2010)

### Scientific projects and calls for tenders

Main sponsor (€1,467,634)

- 2022** **“Rising Stars” project in the Pays-de-la-Loire region: The "metacognitive hub model" of craving in bulimia nervosa and binge-eating disorder - Lead partner** (ongoing, ending in June 2024 - €113,954)
- 2022** **Appel à projets PULSAR : le métacognitive hub modèle auprès d'étudiants consommateurs de tabac - Porteur principal** (ongoing, ending in october 2024 - 10 000€)
- 2020 Call for projects Castelloti Foundation: Evaluation of the impact of a cognitive remediation program on adolescents suffering from anorexia nervosa - Main sponsor (€24,900)
- 2018 Call for MILDECA Puy-de-Dôme projects: Effectiveness of KORSA workshops in reducing stress among students. Principal applicant. Associate sponsors: Simon Gregoire and Rebecca Shankland (€3,000).
- 2017 Call for tenders Centre TCA Auvergne - Agence Régional de Santé Auvergne Rhône-Alpes: project coordinator (€300,000/year over 3 years)
- 2011 - 2017 Regional MILDECA call for projects: Auvergne Addictions Resource Center - Main sponsor (€453,680)
- 2017 Regional MILDECA call for projects: Effectiveness of Mindfulness in preventing addictive behavior in children - Main sponsor (€9,000)
- 2016 Fondation de France call for projects: Implementation and evaluation of a cognitive remediation program for patients suffering from ADD - Main sponsor (€8,500)
- 2015 Regional MILDECA call for projects: How to prevent addictive behavior during extracurricular activities - Main sponsor (€15,000)
- 2015 Regional MILDECA call for projects: Effectiveness of a smartphone application to reduce alcohol consumption among students - Main sponsor (€5,000)
- 2014 Regional MILDECA call for projects: Implementation and evaluation of a program to prevent addictive behavior in sports - Main sponsor (€8,000)

- 2013 Fondation pour la recherche en alcoologie (formerly IREB): Effectiveness of an attentional bias remediation program on a tactile tablet for alcohol-dependent patients - Main sponsor (€9,000)  
*Associate holder (€462,496)*
- 2022 Appel à projets Agence Nationale de la Recherche : ALIMNUM - Food and digital. Associated initiator. Main sponsor : Pascale Ezan (€371,000).
- 2019 Danone Foundation call for projects: ALIMFIT - Understanding the eating behaviors of school-age individuals linked to social networks and digital communication in general. Associate sponsor. Principal applicant: Pascale Ezan (€50,000).
- 2018 Joint Pôle Grenoble Cognition/CDP NeuroCog 2017-2018 call for projects: MEMO + - Associate sponsor, lead sponsor : Rebecca Shankland (€1,500)
- 2017 Oncostarter call for projects from the Rhône-Alpes Auvergne cancérôpôle: Preventing the influence of the media on alcohol consumption - Associate sponsor, lead sponsor : Boris Chapoton (€39,996).

### **Industrial valorization**

SATT Grand center acquires a smartphone/tablet application on attentional bias in alcohol-dependent patients and students - Leading inventor - APP: filing number IDDN.FR.001.180029.000.S.P.2019.000.31230

### **Participation in thesis juries and committees**

- 2023: Member of Claire El-Jor's thesis committee: The relationship to food during development: the role of mindfulness and time perception - Université Lyon2
- 2022: Member of the jury for Pierre Louis Naillon's doctoral thesis: Prévalence de la consommation de cannabis chez les médecins Revue systématique et méta-analyse - Université Clermont Auvergne
- 2022: Member of the jury for Laura Lambert's doctoral thesis: Influence of clinical insight on craving in addiction: exploration at inter- and intra-individual levels - Université de Bordeaux
- 2021: Member of the jury for Anaïs Besson and Alice Tarpin's doctoral thesis: Prévalence du tabagisme chez les médecins - revue systématique et méta-analyse - Université Clermont Auvergne.
- 2018: Member of the jury for Anne Michelutti's doctoral dissertation: Le niveau de compétences sociales dans l'enfance prédispose-t-il à la consommation/la dépendance au cannabis? -

University of Clermont Auvergne

2018: Member of the monitoring committee and jury for Pauline Smith's thesis: Transnosographic study of obsession and compulsion in obsessive-compulsive disorder and cocaine addiction - Institut du Cerveau et de la Moelle épinière.

## **Organizing scientific events**

### *For a scientific audience:*

2018: Co-organization of the "Journée régionale des centers TCA Auvergne-Rhône-Alpes" day (Approx. 150 participants). Saint-Etienne, France.

2017: Co-organization with LAPSCO of the "La Recherche Interventionnelle en prévention et promotion de la santé en Auvergne" day (Approximately 150 participants). Clermont-Ferrand, France.

2015: Co-organization of the "Prevention and health, everyone's business" evening (approx. 150 participants). Clermont-Ferrand, France.

2011-2012: Organization of the Auvergne Health Research Days. (Approximately 150 participants per year). Clermont-Ferrand, France.

### *For the general public and professionals in the field:*

2018 : Can the practice of mindfulness help our children live better, Gerzat, France (90 participants).

2017 : Mindfulness and prevention, Clermont-Ferrand, France (60 participants)

2017 : Developing psychosocial skills in health promotion and prevention, Clermont-Ferrand (60 participants).

2015-2017: Using the press to promote its prevention initiatives (4 Days in the Auvergne region with around 25 participants each day)

2014 - 2016: Using social networks in health promotion and prevention. (4 days in the Auvergne region with around 25 participants each day)

2011-2012: Organization of a science festival in the laboratories of the Clermont-Ferrand Faculty of Medicine and Pharmacy.

## **Science outreach activities**

Participation in **radio programs** (RCF 63, RCF 03, Radio France Bleu Auvergne,...) , Interviews for the **written press** (Le Figaro, LCI...), Writing of **16 popularization posts** on CAT for the "Addict'Aid" website; popularization articles for The Conversation media.

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## *Teaching/training activities*

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### Summary of university courses offered

I have mainly taught **clinical psychology-psychopathology and health psychology** (580h EQTD - 58%), **cognitive psychology** (281.5h EQTD - 28%), and **scientific methodology** (129h EQTD - 13%). I also supervised several research internships, as well as Experimental Work and Research dissertations. The following table gives a summary of my teaching and a description of the main lessons I have learned.

<b>Title</b>	<b>Level</b>	<b>Nature</b>	<b>Total EQTD</b>
<b>PSYCHOLOGY</b>			
<b>L1</b>			
Statistics		85h TD	85h
Méthode de Travail Universitaire		17.5h TD	17,5h
<b>L2</b>			
Clinical psychology, psychopathology, health		70h CM + 131h TD	236h
Methodology		6h CM	9h
<b>L3</b>			
Research Design and Conduct		27h TD	27h
Clinical psychology, psychopathology, health		18h CM + 78h TD	105h
<b>M1</b>			
Clinical psychology, psychopathology, health		20h CM + 20h TD	50h
Conducting research		8h TD	8h
<b>OUTSIDE PSYCHOLOGY</b>			
<b>2nd year orthoptics</b>			
<b>1st and 2nd year Occupational therapy</b>			
<b>Master's degree in occupational health</b>			
Clinical psychology, psychopathology, health		83.5h CM + 14h TD	139,25h
<b>2nd year speech therapy</b>			
Cognitive psychology		181h CM + 10h TD	281,5h
<b>UNIVERSITY DEGREES</b>			
Addictology and eating disorders	<i>DIU Psychotraumatology</i>	32.41h CM	48,62h
	<i>DIU Eating Disorders</i>		
	<i>DIU Cognitive and Behavioral Therapies</i>		
	<i>DIU Addiction, DIU Tobacology</i>		
	<i>DIU Nurse in Health</i>		
<b>TOTAL 2003-2024</b>			<b>1007h EQTD</b>

## Main courses taught

### Specific courses in psychology (in terms of hours and frequency):

▪ Since January 2022: "Clinical psychology", 2nd year of Psychology degree, Faculty of Psychology, Nantes University (24h CM + 20h TD/ year).

*Introduction to the semiology and nosography of the mental pathologies or psychological suffering most frequently encountered in adults, children and adolescents.*

*The aim of this course is to enable students to acquire the basics of semiological and nosographic identification of the most frequently encountered psychological disorders (anxiety, mood disorders, etc.). It also aims to enable them to distinguish between signs and symptoms, establish the presence of a syndrome, carry out a diagnostic analysis (diagnosis and differential diagnosis) and propose etiopathogenic hypotheses.*

▪ September 2022: "Designing and conducting research", 3rd year of Psychology degree, Faculty of Psychology, Nantes University (27h TD).

*The aim of these tutorials is to introduce students to the various stages in the construction of a research problem, develop a research design and carry out data collection, analysis and interpretation. Objectives and skills : (1) Use bibliographic databases to identify relevant scientific literature on a given theme, (2) Be able to construct a research problem based on international literature, (3) Choose an appropriate research method in view of a research question, (4) Know how to mobilize methodological knowledge to design a research system, (5) Know how to construct/use the main tools and techniques used in research (construction of an observation grid, conducting and analyzing research interviews, constructing questionnaires), (6) planning and conducting data collection, (7) using statistical knowledge to process data, (8) communicating research results orally using a standardized format (theoretical introduction/method/results/discussion), (9) writing a research report in compliance with scientific writing standards.*

▪ January 2022: "Psychopathology", 3rd year of Psychology degree, Faculty of Psychology, Nantes University (18h CM + 18h TD).

*The aim of this course is to present the clinic and the main symptoms of stress, post-traumatic stress disorder and burnout. The aim is to explore the common processes and differences between these disorders. It also aims to explore comorbidities between these difficulties.*

▪ September 2021: "Clinical psychology", 3rd year of Psychology degree, Faculty of Psychology,

Nantes University (40h TD).

*The aim of this course is to present the clinic and the main approaches that have been developed to account for psychosis or its symptoms, from a dual perspective: explanatory (mechanisms) and comprehensive (experience, subjectivity, meaning). In this context, the interests and limits of neurobiological, psychoanalytical, systemic and cognitive approaches will be discussed, as well as their therapeutic implications (neuroleptic treatments, institutional psychotherapy, systemic family therapy, cognitive therapies). The specificity of each approach will be explored through the study of clinical cases and texts.*

- September 2021: "Tests in clinical psychology", 1st year of Master of Psychology, Faculty of Psychology, Nantes University (12h TD).

*The aim of this course is to explore the interest and relevance of standardized assessments for patients suffering from various psychiatric disorders.*

- September 2021: "Conducting research in clinical psychology", 1st year of Master of Psychology, Faculty of Psychology, Nantes University (12h TD).

*The aim of this course is to enable first-year Master's psychology students to perfect their research skills by proposing and implementing a research protocol.*

- January 2021: Lecturer: "Clinical Psychology", 3rd year of Psychology degree, UFR de Psychologie, Université Clermont Auvergne (48h TD)

*The aim of this course is to provide students with a practical approach to the clinical approach by working with them on case studies. Students should acquire the ability to detect the elements of the anamnesis, make a diagnosis (psychiatric, but also with regard to psychological processes), make therapeutic proposals and devise session plans.*

- January 2021: Lecturer: "Prevention", 2nd year of Psychology degree, UFR de Psychologie, Université Clermont Auvergne (24h TD).

*The aim of this course is to enable students to take part in a primary or secondary prevention action, to provide them with information on the most effective messages and levers for action, and to give them experience in speaking out during this type of action.*

- Since September 2017: "Introduction to Neuropsychology" - Licence 2 Orthophonie- Université Clermont Auvergne - France (40h CM per year).

*The aim of this course is to provide speech therapists with information on neuropsychology, enabling them to understand an assessment and identify the complementarity with this profession. It covers the main cognitive functions (attention, memory, executive functions, language, calculation, visuo-spatial and social cognition), the different brain structures and analysis methods (evoked potentials, fMRI, psychometrics, etc.).*

Other lessons :

- 2019-2021: Speaker: "CBT and therapeutic principles". 2nd year of occupational therapy - UFR de Médecine, Université Clermont Auvergne

*This course aims to provide students with a basic understanding of CBT in order to facilitate exchanges with healthcare professionals implementing such therapeutic approaches.*

- 2019-2021: Speaker: "CBT and therapeutic principles". DIU "Thérapie cognitivo-comportementale", UFR de médecine, Université Clermont Auvergne - Clermont-Ferrand.

*This course aims to provide students with the basic elements of CBT practice, such as conditioning, habituation, functional analysis...*

- 2019-2021: Speaker: "Cognitive disorders in eating disorders". DIU "Eating disorders", UFR de médecine, Université Clermont Auvergne - Clermont-Ferrand.

*The aim of this course is to provide students with an understanding of cognitive disorders and their rehabilitation in patients with eating disorders.*

- 2018-2021: Speaker: "Autism and neuroscience". Institute of Social Workers of the Auvergne Region - Clermont-Ferrand

*The aim of this course was to provide an understanding of neuroscience (neuropsychology, cognitive abilities, neuroanatomy and neuron function), and to briefly discuss the current state of research on these topics in autism spectrum disorders.*

- April 2017: Speaker: "Psychological management of tobacco addiction" - Université Catholique de Louvain - Psychological Sciences Research Institute - Belgium

*The aim of this course was to present the main tools for managing tobacco dependence, using case studies (motivational interviewing, for example).*

- April 2016: Speaker: "Well-being and performance" - Ecole Supérieure de Commerce de Clermont-Ferrand - France -

*The aim of this course was to introduce management students to the importance of taking care of their health for optimal cognitive performance (the main example being sleep).*

- 2014-2021: Lecturer: "Epidemiology of addiction" - 1st year of occupational therapy - UFR de Médecine, University of Auvergne

*This course is a brief presentation of epidemiological data on addiction.*

- 2013-2014: Speaker: "Evaluation of prevention programs" - UFR de Médecine, Université Jean Monnet - Saint-Etienne - France

*The aim of this course was to provide medical students with a grounding in experimental methods, in order to support the dissemination of best practice in 'impact assessment of prevention programs'.*

- 2013-2021: Lecturer: "Epidemiology of tabacology" - DIU "Tobacology" - UFR of Medicine, University of Auvergne

*This course is a brief presentation of the epidemiological data on tobacco addiction.*

- 2013: Lecturer - "Epidemiology of addiction"- DIU "Addictive practices" - UFR de médecine, Université d' Auvergne

*This course is a brief presentation of epidemiological data on addiction.*

- 2013: Lecturer - "Developmental psychology"- 1st year of occupational therapy - UFR of Medicine, University of Auvergne

*The aim of this course was to present the major stages of development from different theoretical perspectives (psychoanalytic, Piaget's major stages...).*

- 2008 - 2010 : Instructor - "Statistics", 1st year of Bachelor's degree - UFR de Psychologie, Université Blaise Pascal

*This course covered descriptive statistics, with a presentation of Gauss curves and their interest in psychology, indices of central tendency (mean, median, mode), indices of dispersion (range, interquartile range, variance, standard deviation...) and notions of sample and population.*

- 2008 - 2009 : Instructor in charge of TD - "Méthodologie de travail universitaire", 1st year of Licence



- UFR de Psychologie, Université Blaise Pascal

*The aim of this course was to provide students with elements to help them in their academic approach: the scientific approach, reading scientific articles, autonomy in the search for information, oral presentation and general advice such as note-taking, document synthesis, bibliographic database management.*

#### Other training courses

November 2017 and June 2018, 2019, 2021: *Introduction to eating disorders* - Clermont-Ferrand - France

March 2017: *Consumption of psychoactive substances among students and practical advice* - Service Santé Universitaire de Tours - France.

2016: *Four training courses on addictive behaviour and prevention* - Protection Judiciaire de la Jeunesse, Clermont-Ferrand- France

2015: *Two training courses on addictive behavior and prevention* - Association d'aide aux victimes de Clermont-Ferrand- France

April 2015: *Addictions in Auvergne* - Issoire Gendarmerie Brigade - France

November 2014: *Care for people acutely intoxicated with a psychoactive substance* - SDIS 03 - France

March 2015: *Adolescent psychology and addictions* - Collectif Traverse, Issoire - France

October 2014: *Screen addictions* - Collectif IRO, Ambert - France

2013: *Three stress management training courses* - Conseil Régional d'Auvergne - France

November 2013: *Addiction prevention in schools*. Gendarmerie Anti-Drug Relay Trainers Auvergne - France

September 2013: *Care for people acutely intoxicated at a SPA* - SDIS 63 - France

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## Frames

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### Main frames

Currently:

- **Doctoral student**, 30% co-supervision, Myrto Atzemian, thesis topic: *"Emotional regulation, school anxiety, school well-being and cognitive abilities of students with developmental dyslexia and typically developing students"*.
- **Students in experimental research** :
  - Celia Casadei, 1<sup>ère</sup> year, *"Neuropsychological evaluation of craving in students with eating disorders"*.
  - Pauline Hervouet, 1<sup>ère</sup> année, *"Impact du label 'healthy', présent sur les réseaux sociaux, sur l'évaluation calorique implicite et explicite "*
  - Charlotte Lescuyer, 1<sup>ère</sup> , *"Définition of craving: a DELPHI approach"*.
  - Emma Traineau, 1<sup>ère</sup> année, *"Efficacité d'un programme de prévention sur l'adhésion à l'idéal de minceur véhiculé sur les réseaux sociaux" (Effectiveness of a prevention program on adherence to the slimming ideal conveyed on social networks)*.
  - Laurine Belin, 2<sup>ème</sup> year, *"Tobacco craving in students: the cognitive implications of emotions, thoughts and bodily sensations."* - Poster in progress
  - Laura Lacroix, 2<sup>ème</sup> year, *"Degree of knowledge and stigmatization of anorexia nervosa among healthcare professionals: impact on the therapeutic alliance."* - Article in progress.
  - Camille Champeaux, 2<sup>ème</sup> year, *"Link between emotional regulation strategies and students' and professionals' social representations of the care of perpetrators of sexual violence"*, - Article in progress.

Previously :

- **Post-doctoral fellow**, Aurélien Cornil, on the project *"The metacognitive hub model of craving in bulimia nervosa and binge eating disorder"*.
- **Member of thesis monitoring committee (and jury)** :
  - Pauline Smith: *"Transnosographic study of obsession and compulsion in obsessive-compulsive disorder and cocaine addiction"*.
  - Laura Lambert: *"The influence of clinical insight on craving in addiction: exploring inter- and intra-individual levels"*.

### Other frames

2011-2021 :

- Jury member in occupational therapy, for the DIU Addiction and TCA, as well as several theses in general medicine at the University of Clermont-Auvergne.
- CBT supervision
- 2 Public Health interns - Clermont-Ferrand
- 14 M1/M2 clinical psychology trainees from Clermont-Ferrand
- 2 DIU "Addictology" dissertations
- 2 dissertations DIU "Addictive Behavior Disorders"

2010 :

- 4 M1 students for their Experimental Research Work leading to a scientific publication
- 3 L3 Computer Science students: on a project to transcribe speech onto audio files

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## Collective responsibilities

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### Currently

#### **Responsibilities at the Pays de la Loire Psychology Laboratory :**

Elected member of the Scientific Advisory Board - *Faculty of Psychology, Nantes University*  
Member of the COPIL, representative of the LPPL laboratory, Human and Social Sciences research unit, *Nantes University*

#### **Teaching responsibilities :**

Co-director of the "Psychopathology, Clinical Psychology and Health" course in the Psychology Master's program. *Faculty of Psychology, Nantes University*  
Co-responsible for several teaching units from L2 to Master. *Faculty of Psychology, Nantes University* (Clinical Psychology - L2, Empirically-based models of psychopathology and psychotherapy - M1, Interpreting contemporary statistical analyses in psychopathology and health psychology - M1).  
Member of the M1 jury. *Faculty of Psychology, Nantes University*

#### **Associative responsibilities :**

Member of the Fédération Française Anorexie Boulimie (FFAB) - Elected young researcher member of the GIR (Groupement Interdisciplinaire de Recherche) board of the FFAB  
Member of the European Association of Clinical Psychology and Psychological Treatment (EACLIPT)

### Previously

#### Scientific responsibilities

2015-2022 : Member of the Board of Directors of the Institut Rhône-Alpes Auvergne de tabacologie: in charge of setting up the scientific advisory board.  
2008 - 2010 : Representative of M2 Research students and doctoral students on the Scientific Advisory Board - UFR de Psychologie, Université Blaise Pascal

#### Pedagogical responsibilities

2021 - 2022: Member of the L3 jury. UFR Psychology, Nantes University - Nantes  
2018 - 2021 : Co-responsible for the teaching of the DIU "Thérapie cognitivo-comportementale" UFR of médecine, Université Clermont Auvergne - Clermont-Ferrand/Saint-Etienne

2017 - 2021 : Head of the "Cognitive psychology and neuropsychology" teaching unit - Licence 2 Orthophonie - Université Clermont Auvergne

2011-2016 : Member of the IFSI admission jury -CHU Gabriel Montpied- Nursing training institute- Clermont-Fd

#### Other responsibilities

2021-2022 : Member of the French Association of Cognitive and Behavioral Therapy

2018 -2022 : Member of the French Society of Psychology,

2015-2021 : Member of the Clermont-Ferrand Local Mental Health Council

2021 : Deputy representative of the College of Psychologists at Clermont-Ferrand University Hospital

2014-2020 : Councillor responsible for children, youth, intergenerational links and health in the city of Gerzat: in charge of the local educational project, the municipal youth council and the Ville santé OMS project.

2012-2018 : Treasurer of the PARAD Association

2014 : Member of the MILDECA prevention tools evaluation commission

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## *Other activities*

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### Professional experience

- 2018-2021     **Psychologist - Coordinator of the Auvergne TCA (eating disorders) referral center**  
*Psychiatry Unit B, Clermont-Fd University Hospital*
- Neuropsychological assessments, therapeutic activities (cognitive remediation, Counter Attitudinal Therapy, motivational interviewing, etc.), behavioral and cognitive therapy, support in setting up the CAT care network at Clermont-Ferrand University Hospital, interdepartmental coordination, follow-up and coordination of research projects on CAT at Clermont-Ferrand University Hospital, liaison with ARS and other referral centers (Grenoble, Lyon, Saint-Etienne, Montpellier).
- 2011-2017     **Psychologist - Head of the "Centre de Ressources Addictions Auvergne »**  
*Psychiatry Unit B, Clermont-Fd, University Hospital*
- Interviews prior to drug-use awareness training, CBT treatment for tobacco-dependent patients, MILDECA regional coordination, methodological support for project leaders and political decision-makers, monitoring of MILDECA projects, participation in the drafting of departmental plans to combat addictive behavior, responsible for the "addiction" action sheet in the local health contracts of Thiers, Issoire and Clermont-Ferrand, organization of the 2016 and 2017 moi(s) sans tabac in Auvergne.
- 2014-2017     **Head of the "Methodological support and quality approach" axis** of the *Auvergne Regional Center of Competence in Health Education and Promotion*.
- Organization of theme days (e.g. contact with the press, use of new communications tools, development of psychosocial skills, mindfulness for prevention actions, etc.), Deployment of the INPES Quality Approach, Awareness-raising on the scientific approach for field workers (notion of control group, simple group comparison, etc.).